CULTURAL CONSIDERATIONS IN CAREGIVING
Alzheimer’s Disease in Native Americans Communities:
Cultural Diversity and Lessons Learned

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Learning Objectives:
- Define Native American cultural diversity.
- Identify common indicators for Native American Caregiving with families.
- Provide appropriate support services.

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Introduction:

- Arizona Diverse Native American Communities
- Urban vs. Rural Caregivers
- Lessons Learned
- Q & A – Thank You

Diverse Native American Communities

- The Native American people are a diverse population.
- 22 tribes in Arizona – over 300 + tribes in Arizona
- Young population, nuclear vs. extended families
- One to two care giver in families
Urban Care Givers
- Care givers are either immediate family member or other Native American care giver.
- Family care givers transition from the rural to urban setting
- One to two care givers – commuter care giving
- Native American owned care giver organizations

Rural/Tribal Care Givers
- One to two family members are care givers
- Youth/grandchildren are care givers
- Tribal health care providers are included with case management – CHR, Public Health, ALTCS, Indian Health Services
- Commuter Care Givers

Lessons Learned
- Education and Awareness for families and community programs
- Care Giver Stress
- Support Groups
- Cultural Diversity